

Video Name	Description	Language	Link
Paced Feeding	Paced bottle feeding.	English	Paced Bottle Feeding
Paced feeding	Paced bottle feeding.	Spanish	Bottle-Feeding to the Baby's Rhythm
Cup feeding	Cup feeding an infant.	English	Feeding a baby with a cup of milk Breastfeeding
Cup feeding	No instructions, just watching.	English	Cup Feeding
First Hour	15 minutes long - good for pregnant clients - first hours, good instructions at the 11 minute mark for hand expression.	English	Breastfeeding in the first hour, it's in your hands
Hands-on Pumping	Electric pump with massage.	English	Hands-on Pumping
Hand Expression	Steps begin at 1:30 minute mark.	English	Hand Expression
Manual Pump	How to use hand pump.	Spanish	Medella - Sacaleches Manual Harmony
NEB pump	How to use a Medela pump in style - the one in the video is slightly different with accessories, but the pump is the same.	Spanish	Medela - Sacaleche Eléctrico Pump in Style
NEB pump	How to use a Medela pump in style - the one in the video is slightly different with accessories, but the pump is the same.	English	How to Use Medela Pump In Style®
NEB pump	How to use a Medela pump in style - the one in the video is slightly different with accessories, but the pump is the same.	English	How to Use Medela Pump In Style by CloudMom
Symphony Pump	Putting together symphony pump.	Spanish	Instrucciones del sacaleches Medela Symphony
Symphony Pump	Putting together symphony pump.	Spanish	Ensamblar el Extractor de Leche Medela Symphony
Symphony Pump	Putting together symphony pump.	English	https://www.youtube.com/watch?v=lc9C1G5WteE
Symphony Pump	Using the initiate mode.	English	https://www.youtube.com/watch?v=cFVqO-bDvUk
Symphony Pump	Using the initiate mode.	English	https://www.youtube.com/watch?v=XCys3XcodkE
Flange Size	Finding the right flange size for pumping.	Spanish	Selección del tamaño adecuado de embudo
Flange Size	Finding the right flange size for pumping - you will need to log into Youtube to confirm age.	English	Choosing your PersonalFit™ breast shield size
Latch Explained	Good visual of nipple feeding vs. latching.	English	https://vimeo.com/207642405
Baby-Led Latch	Showing of a mom skin-to-skin with baby and letting the baby find	No language	https://vimeo.com/207318926
Swallowing	10 hour old baby swallowing at breast	No language	https://vimeo.com/193583819
Swallowing	Pretty good: "Note the position of the baby at the breast. Chin in the breast, nose not touching, baby's lower lip covering more of the areola with the lower lip than the upper lip (asymmetric latch). The pause in the chin as the baby sucks means the baby just got a mouthful of milk. the longer the pause, the more milk."	No language	https://vimeo.com/193548433
Swallowing	Obvious swallows: The pause in the chin as the baby opens his mouth to the maximum, just before closing his mouth, indicates his mouth is filling up with milk; the longer the pause, the more milk the baby is taking in."	No language	https://vimeo.com/193431879
Swallowing	Not correct: "This baby is 8 weeks old and is doing almost no drinking, though very occasionally one sees a short pause of the baby's chin. A baby who breastfeeds only with this type of sucking could stay on the breast for hours and still not get enough milk... If achieving a better latch, [or] using compression doesn't help, the baby almost certainly needs to be supplemented."	No language	https://vimeo.com/193549659
Compressions w/latch	Wait to compress breast until baby starts sucking again.	English	https://vimeo.com/207500179
Nipple Pain	Global health media.	Spanish	https://www.youtube.com/watch?v=F3hkesXQRIY
Nipple Pain	Global health media.	English	What To Do About Breastfeeding Pain
Latch Explained	Global health media.	Spanish	https://www.youtube.com/watch?v=hIR1Fs8nCn8
Latch Explained	Global health media.	English	https://www.youtube.com/watch?v=wjt-Ashodw8
Laid-Back BF	Laid back BF example.	English	https://www.youtube.com/watch?v=ZJan8xCNgY4