

# RELATIONSHIP ASSESSMENT TOOL

Date: \_\_\_\_\_

This is a self-administered tool for clients to fill out. If the client was unable to complete this tool today, was it because other people were present in the home? Circle one: **Yes/No**

Other reason for not using tool today: \_\_\_\_\_  
\_\_\_\_\_

(Note to home visitor: Please modify this script based on your state laws. This is just a sample script.)

“Everything you share with me is confidential. This means what you share with me is not reportable to child welfare, INS (Homeland Security) or law enforcement. There are just two things that I would have to report- if you are suicidal, or your children are being harmed. The rest stays between us and helps me better understand how I can help you and the baby.”

We ask all our clients to complete this form. For every question below, please look at the scale and select the number (1-6) that best reflects how you feel.

1	2	3	4	5	6
Disagree Strongly	Disagree Somewhat	Disagree a Little	Agree a Little	Agree Somewhat	Agree Strongly

- 1) My partner makes me feel unsafe even in my own home..... \_\_\_\_\_
- 2) I feel ashamed of the things my partner does to me..... \_\_\_\_\_
- 3) I try not to rock the boat because I am afraid of what my partner might do..... \_\_\_\_\_
- 4) I feel like I am programmed to react a certain way to my partner..... \_\_\_\_\_
- 5) I feel like my partner keeps me prisoner..... \_\_\_\_\_
- 6) My partner makes me feel like I have no control over my life, no power, no protection \_\_\_\_\_
- 7) I hide the truth from others because I am afraid not to ..... \_\_\_\_\_
- 8) I feel owned and controlled by my partner ..... \_\_\_\_\_
- 9) My partner can scare me without laying a hand on me ..... \_\_\_\_\_
- 10) My partner has a look that goes straight through me and terrifies me..... \_\_\_\_\_

**Thank you for completing this survey. Please give it back to your home visitor so they can complete the second page.**

**Adapted from:** Smith, P.H., Earp, J.A., and DeVellis, R. (1995). Measuring battering: development of the Women’s Experience with Battering (WEB) Scale. Women’s Health: Research on Gender, Behavior, and Policy, 1(4), 273-288.



## Documentation and Referral

### Home visitors complete the next section:

- 1) What referrals and information were given to the client this session? (Please note, ALL clients should have been given the *Healthy Moms, Happy Babies* safety card).

(Circle all that apply)

- Social Worker/Counselor
- Domestic Violence Hotline
- Local Domestic Violence Advocate/Program
- *Healthy Moms, Happy Babies* Safety Card
- Other (please specify): \_\_\_\_\_

- 2) Did you offer safety planning? (This should happen for any score higher than 20 for pages one and two)

(Circle all that apply)

- Reviewed **Safety Planning** panel on *Healthy Moms, Happy Babies* card.
- Provided the *Safety Plan and Instructions* tool to my client.
- Provided domestic violence hotline numbers.
- Referred to domestic violence advocate for additional safety planning.
- Other (please specify): \_\_\_\_\_

